

Curious what a week would look like for you and your family's weeknight meals?

Samples of Weekly Meal Menus from current clients....

Monday:

Chicken Piccata, Yukon Gold Potato Wedges, Parmesan Roasted Baby Carrots **Tuesday**:

Chicken & Steak Fajitas w/ Spanish Rice & Refried Black Beans

Wednesday:

Filet Mignon Steak Bites, Crispy Cheddar Broccoli, Whipped Potatoes

Tuesday:

Panko Crusted Halibut Filets w/ Sesame Soy Dipping Sauce, Jasmine Rice & Veggie Stir Fry Wednesday:

Black Bean & Sweet Potato Taquitos w/ Fresh Guacamole & Tangy Quinoa Salad

Thursday:

Chopped Greek Salad w/ Grilled Chicken & Feta Dressing & Herb Roasted New Potatoes

Monday:

Honey Teriyaki Salmon w/ Forbidden Rice & Sesame Green Beans Wednesday:

Blackened Catfish Po'boy Sandwiches w/ Oven Baked Home Fries

Tuesday:

Turkey & Vegetable Meatloaf w/ Garden Green Salad & Carrot Mash